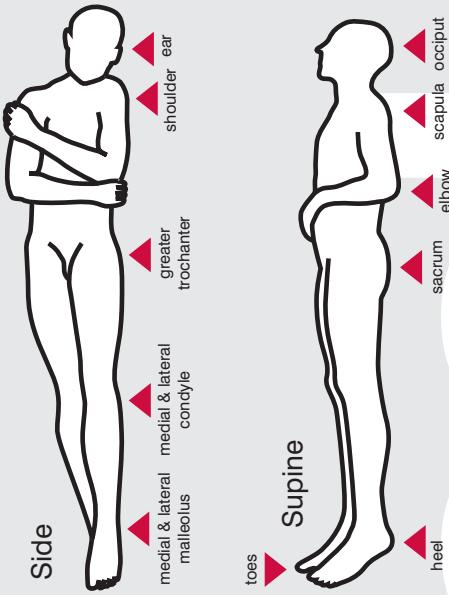


Pressure Ulcer Prevention

Common Pressure Ulcer Points



Common Pressure Ulcer Points



Look



Protect



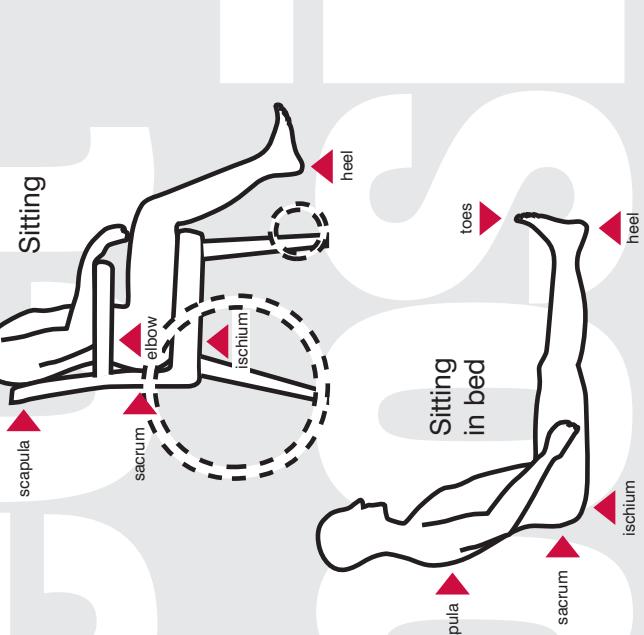
Position



Communicate



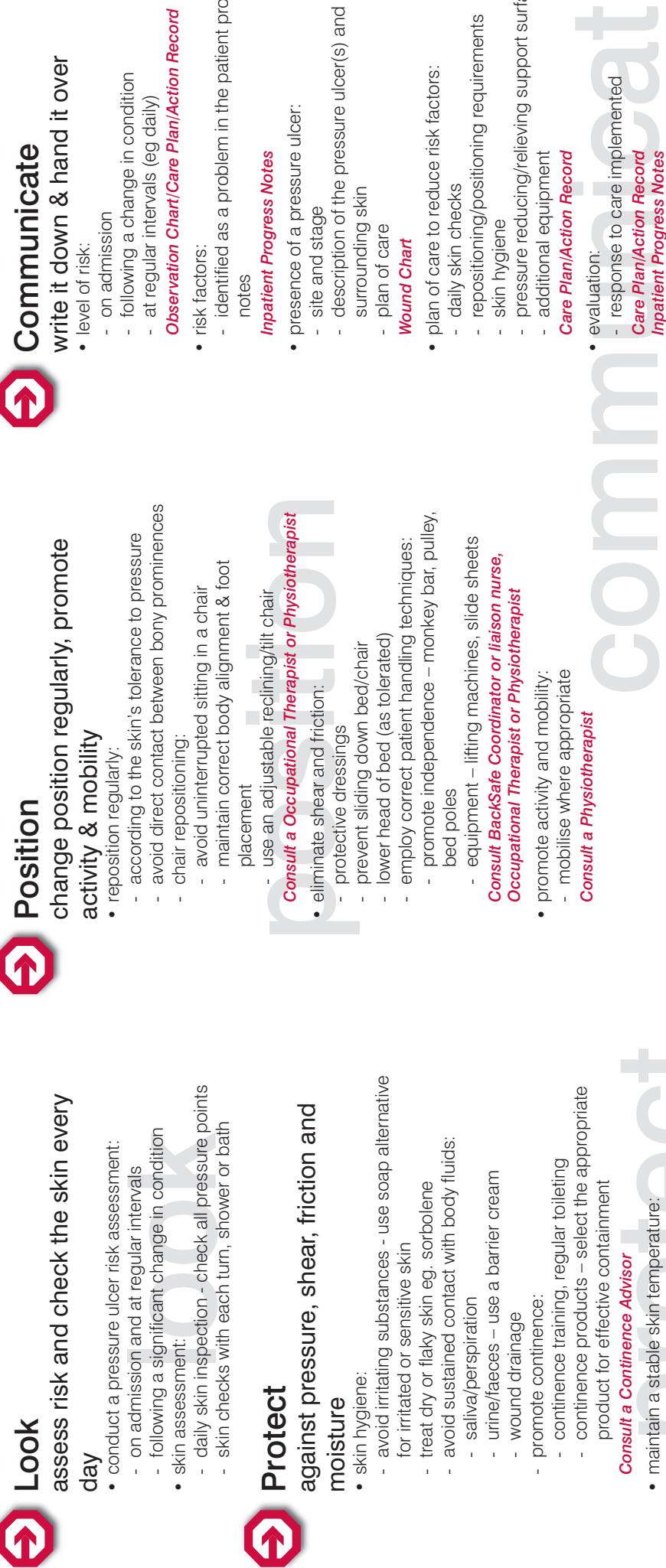
Southern Health



Level of risk	Low	Moderate	High	Utrahigh
Overlays	• foam overlay	• gel mats/pads	• alternating-air overlays	• alternating-air overlays
Replicament	• sheepskin	• high-specification	• static-air overlays	• static-air overlays
Cushions	• foam replicament	• static-air cushion	• foam replicament	• static-air cushion
Heel Devices/Aids	• gel mat	• fibre-filled cushion	• foam cushion	• air-filled cushion
Chairs & Footstools	• sheepskin	• fibre-filled bootsies	• padded chair	• padded chair
Protectors	• padded footstool	• fibre-filled bootsies	• padded bootsies	• pressure relieving or low-air mattresses
Dressings				• air-filled/low-air mattresses (consult PRACO) • ankle/foot orthoses • air-filled beds • air-filled/low-air beds

Support Surface Table

Pressure Ulcer Prevention



Reference

- Australian Wound Management Association (2001) Clinical Practice Guidelines for the Prediction and Prevention of Pressure Ulcers, Cambridge Publishing: West Leederville.
- <http://www.awma.com.au>

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